

YUKON SPEED SKATE CAMP

January 27 - 29, 2012

Whitehorse Rapids Speed Skating Club will be hosting Yukon Speed Skating Camp November 27 - 29. This 3-day camp offers 5 on-ice sessions to skaters of all abilities. Both new and novice skaters in the FUNdamentals and Learn to Train levels, and more-advanced skaters at Train to Train and up levels will progress through and refine individual skating technique and practice tactical racing strategies for the sport of short track speed skating. Off-ice warm-ups and dry-land training instruction will also be part of camp!



Maggie Qi will be our guest coach for this camp.

Parents' / Master's Full Name :			
Address :			
Telephone :		Email Address :	
Emergency Contact During Camp Name:			
Evening Telephone :		Health Care Number:	
Daytime Telephone:			
Name	Birth date	Group	Fee
Total Fee			

	Camp Fees	Cost
Group 1	Recreational – FUNdamentals/Learn to Train	\$50.00 WRSSC members n/c
Group 2	Competitive – Train to Train and up	\$90.00 WRSSC members n/c

Waiver

In consideration of acceptance of this registration of my entry, I hereby, for myself, executors, administrators and assigns, waive and release any and all rights and claims for damages I may have against the Whitehorse Rapids Speed Skating Club, Yukon Amateur Speed Skating Association, the City of Whitehorse, their agents, officers or members, for any and all injuries suffered by my child(ren) or myself during the November 2011 Yukon Speed Skate Camp in Whitehorse.

Signature: _____

Date: _____

Signature of Skater or of Parent / Guardian (for participants under the age of 18)

Whitehorse Rapids Speed Skating Club

November Camp Schedule

www.shorttrack06.com

All sessions are at Canada Games Centre.

Friday Jan 27	Saturday Jan 28	Sunday Jan 29
<i>6:00-7:15 FUNd/L2T</i>	<i>9:00-10:15 FUNd/L2T</i>	<i>9:00-10:15 FUNd/L2T</i>
<i>7:30-9:00 T2T/Jr/Master</i>	<i>10:30-12:00 T2T/Jr/Master</i>	<i>10:30-12:00 T2T/Jr/Master</i>
	<i>12:00-2:00 Lunch/ dry land for group 2 TBA</i>	<i>12:00-2:00 Lunch/ dry land for group 2 TBA</i>
	<i>2:00-3:15 FUNd/L2T</i>	<i>2:00-3:15 FUNd/L2T</i>
	<i>3:30-5:00 T2T/Jr/Master</i>	<i>3:30-5:00 T2T/Jr/Master</i>

**Saturday night we will be hosting a pot-luck and swim at Takhini Hot Springs at 5:30 pm. Bring your favourite dish and swimsuit. The dinner will be at the Retreat just past the pools (same place as last year). Hope you all can come.